

Nebraska Medicaid Home and Community- Based Services (HCBS) DD Waivers

SERVICES QUICK GUIDE

The Quick Guide is an introduction to services and may be used to decide which services to consider. When a service looks good to you, read more about it in the Service Directory. The Service Directory gives service definitions, limitations, and what types of providers can offer each service. Your Service Coordinator will also explain services and discuss provider options.

*Effective
October 2019*

NEBRASKA

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DEPT. OF HEALTH AND HUMAN SERVICES

SERVICES AVAILABLE

Available services are based on which Medicaid Home and Community-Based Services (HCBS) developmental disabilities waiver you are on.

DHHS-DD has two HCBS waivers for people who receive developmental disabilities services in the community and meet the same level of care criteria as people living in an intermediate care facility for people with developmental disabilities (ICF/DD):

- The Developmental Disabilities Adult Day Waiver (DDAD) is for people ages 21 and older
- The Developmental Disabilities Comprehensive Services Waiver (CDD) is for people of all ages.

Services Available	DDAD Waiver	CDD Waiver
Adult Day	Yes	Yes
Assistive Technology	Yes	Yes
Behavioral In-Home Habilitation	-	Yes
Consultative Assessment	Yes	Yes
Enclave	Yes	Yes
Environmental Modification Assessment	Yes	Yes
Habilitative Community Inclusion	Yes	Yes
Habilitative Workshop	Yes	Yes
Home Modifications	Yes	Yes
Homemaker	-	Yes
Independent Living	Yes	Yes
Medical In-Home Habilitation	-	Yes
Personal Emergency Response System (PERS)	Yes	Yes
Prevocational	Yes	Yes
Residential Habilitation - Continuous Home	-	Yes
Residential Habilitation - Host Home	-	Yes
Residential Habilitation - Shared Living	-	Yes
Respite	Yes	Yes
Supported Employment - Follow Along	Yes	Yes
Supported Employment - Individual	Yes	Yes
Supported Family Living	Yes	Yes
Transitional	Yes	Yes
Transportation	Yes	Yes
Vehicle Modifications	Yes	Yes



ADULT DAY

Adult Day provides meaningful day activities in a safe, supervised place away from your home. You can use this service to do things in your community. You cannot use this service for a job or volunteering. Your provider helps you become more independent with health and social needs. Your provider helps you with activities of daily living, health maintenance, and supervision.

ASSISTIVE TECHNOLOGY

Assistive Technology includes devices, equipment, and appliances to help you do things on your own so you need less help from other people.

BEHAVIORAL IN-HOME HABILITATION

Behavioral In-Home Habilitation is a short-term service for when you are having a severe mental health event or behavior that keeps you from your normal day activity. This service is provided in your home. Your provider helps you with activities of daily living, health maintenance, and supervision. This is a habilitative service.

CONSULTATIVE ASSESSMENT

Consultative Assessment helps you stay in your current services while keeping you, and others, safe. The provider observes you in your home and where you receive day services, does a behavioral assessment, and gives your team recommendations. Behavioral interventions are developed, used, evaluated, and revised as needed. This is a habilitative service.

ENCLAVE

Enclave is provided at a business or in your community. You work alone or with a team to learn work skills and behavior. The business pays your provider and you are paid by your provider. You may interact with employees or customers. Your provider helps you with activities of daily living, health maintenance, and supervision. This is a habilitative service.

ENVIRONMENTAL MODIFICATION ASSESSMENT

Environmental Modification Assessment is an evaluation to identify devices you need or changes that should be made to your home or vehicle. The assessment looks at your health and safety needs, how you access your community, and your independence. This service may be required before using Assistive Technology, Home Modifications, or Vehicle Modifications.

HABILITATIVE COMMUNITY INCLUSION

Habilitative Community Inclusion teaches self-help, appropriate behaviors, socialization, and adaptive skills. This service mostly takes place in the community. You decide where and how often you want to go places. This service increases your independence and personal choice, and interactions with people in your community. Your provider helps you with activities of daily living, health maintenance, and supervision. This is a habilitative service.

HABILITATIVE WORKSHOP

Habilitative Workshop provides activities in a provider-controlled day location. Your provider teaches self-help, appropriate behaviors, socialization, and adaptive skills. This service is available when you do not have an employment goal and are not looking for a job. Your provider helps you with activities of daily living, health maintenance, and supervision. This is a habilitative service.



HOME MODIFICATIONS

Home Modifications are changes to your home to make it easier and safer to get around and do things for yourself. Modifications should help you better access your home and need less help from other people.



HOMEMAKER

Homemaker helps with general household tasks, such as cooking, laundry, errands, and cleaning. This short-term service can be used when the person who usually does household tasks is not able to help. Homemaker does not include care or supervision. This service is available to people under the age of 21, because other DHHS services can meet this need for people age 21 and older. This service has a yearly limit of 520 hours.

INDEPENDENT LIVING

Independent Living is provided in your own home. Your provider teaches skills for living independently and to do things in your community. Your provider helps you with activities of daily living, health maintenance, and social and leisure skills. This is a habilitative service. This service has a limit of 25 hours per week on the DDAD waiver and 70 hours per week on the CDD waiver. A week is defined as 12:00 AM Monday through 11:59 PM Sunday.

MEDICAL IN-HOME HABILITATION

Medical In-Home Habilitation is a short-term service for when you are having a severe medical event that keeps you from your normal day activity. This service is provided in your home. Your provider helps you with activities of daily living, health maintenance, and supervision. This is a habilitative service.

PERSONAL EMERGENCY RESPONSE SYSTEM (PERS)

PERS is an electronic device to help you contact someone in an emergency. The system is connected to your telephone and notifies a designated person or call center when you push a button.

PREVOCATIONAL

Prevocational teaches you general job-related skills needed to get a job in the community. This service can be used for up to 12 months. Your provider helps you with activities of daily living, health maintenance, and supervision. This is a habilitative service.

RESIDENTIAL HABILITATION – CONTINUOUS HOME

Continuous Home is provided in a provider-controlled home with shift staff. Your provider teaches you skills for living independently and to do things in your community. Your provider helps you with activities of daily living, health maintenance, social and leisure skills, and supervision. This is a habilitative service.

RESIDENTIAL HABILITATION – HOST HOME

Host Home is provided in the home of an agency provider employee. You live with the employee and share daily life with the family in the home and community. Your provider teaches you skills for living independently and to do things in your community. Your provider helps you with activities of daily living, health maintenance, social and leisure skills, and supervision. This is a habilitative service.

RESIDENTIAL HABILITATION – SHARED LIVING

Shared Living is provided in the home of an agency provider contractor. You live with the contractor and share daily life with the family in the home and community. Your provider teaches you skills for living independently and to do things in your community. Your provider helps you with activities of daily living, health maintenance, social and leisure skills, and supervision. This is a habilitative service.

RESPITE

Respite is a short-term service you can use when you cannot care for yourself. Respite is temporary relief to the usual caregiver who lives with you. Your provider helps with activities of daily living, health maintenance, and supervision. This service has yearly limits of 240 hours on the DDAD waiver and 360 on the CDD waiver.



SUPPORTED EMPLOYMENT - FOLLOW-ALONG

Supported Employment – Follow-Along helps you keep your competitive job. This service may be provided with you or by communicating with your employer for you. This is a habilitative service. This service has a yearly limit of 25 hours.

SUPPORTED EMPLOYMENT - INDIVIDUAL

Supported Employment – Individual provides a job coach for one-on-one teaching to help you keep your competitive job. This service is provided at your job. Your provider helps you with job skills and referrals for other resources. This is a habilitative service.

SUPPORTED FAMILY LIVING

Supported Family Living is provided in your family home. Your provider teaches you skills for living independently and to do things in your community. Your provider helps you with activities of daily living, health maintenance, social and leisure skills, and community access. This is a habilitative service. This service has a limit of 25 hours per week on the DDAD waiver and 70 hours per week on the CDD waiver. A week is defined as 12:00 AM Monday through 11:59 PM Sunday.

TRANSITIONAL

Transitional pays the one-time expenses to help you move out of an ICF/DD, nursing home, or regional center. Transitional may include essential furniture, household supplies, security deposits, basic utility fees or deposits, or moving cost.





TRANSPORTATION

Transportation provides rides to and from waiver services, separate from transportation during services. Transportation should not replace other options available to you, such as rides from friends or family. Transportation cannot be used for rides to medical appointments because other DHHS services can meet this need.

VEHICLE MODIFICATIONS

Vehicle Modifications are changes to your own vehicle to make it easier for you to travel without paid support. This service may be used for maintenance or repair of previous modifications. Changes must be needed so you can travel safely.